

# Meeting Summary

State Advisory Council (SAC) on  
Alcohol and Drug Abuse (ADA)

October 2, 2013

**Members Present:** Dave Brown, Michael Carter, Thomas J. Casey, John Czuba, Lisa Doyle, Ladell Flowers, Joseph Hahne, Robin Hammond, Sandra Jackson, Nancy Johnson, Christine McDonald, Percy Menzies, Gloria Nepote, Liz Page, Cynthia Stueber, Karah Waddle, Stephanie Washington, Janet Worthy

**Members Absent:** Edgar “Rock” Hagens, Diana Harris, Kelly McKerrow, Rosanna Metcalf

**Division Staff:** Mark Stringer, Rosie Anderson-Harper, Amanda Baker, Joellyn Becker, Nora Bock, Edwin Cooper, Tara Crawford, Laurie Epple, Mia Ferrell, Jodi Haupt, Stacey Langendoerfer, Debbie McBaine, Rita McElhany, Steve Reeves, Vicki Schollmeyer, Mark Shields, Angie Stuckenschneider

**Guests:** Susan Depue, Chuck Doherty, Brenda Schell

**ADA SAC Staff:** Lisa Martin, Lisa Reynolds

<b>Call To Order</b>	Chairman Ladell Flowers called the meeting to order at 10:00 a.m. Introductions were made.	
<b>Approval of Minutes</b>	John Czuba made the motion to approve the minutes and it was seconded by Percy Menzies.	
<b>Behavioral Health Division Director's Report</b>	<b>Mark Stringer, Director of Behavioral Health, presented the Division Report:</b> <ul style="list-style-type: none"><li>• Mark reported that a bill similar to HB253 will more than likely be presented and will have some impact on DMH.</li><li>• The government shut down will not hurt too badly if it doesn't last longer than 30 days.</li></ul>	
<b>Budget Update</b>	<b>Vicki Schollmeyer, Director of Operations</b> <ul style="list-style-type: none"><li>• Block grant reductions-due to Federal sequester</li><li>• Strengthening Mental Health System-GR pickup</li><li>• ADA Block grant funds cut-no provider increase</li><li>• Ask for a \$250 raise for state employee increase</li></ul>	

Agenda	Discussion/Recommendation	Action
<b>Mental Health First Aid</b>	<p><b>Angie Stuckenschneider, Director of Prevention</b></p> <ul style="list-style-type: none"> <li>• Mental Health First Aid-Trainings have been very successful. Approximately 100 to 120 attending the trainings.</li> <li>• Mental Health First Aid Training-Springfield-Faith Based, Jefferson City-Higher Education, Kansas City-Higher Education</li> <li>• NAMI-was given funds for training projects-24 family to family courses, 10 NAMI basic courses and 20 family support groups for the next year</li> </ul>	
<b>Extranet Recap</b>	<p><b>Ernie Jennings, ITSD</b></p> <ul style="list-style-type: none"> <li>• Ernie gave an update on the options for posting and access to the Extranet</li> <li>• The liaison for ADA SAC Members is Nancy Johnson</li> <li>• A power point was provided to the committee members to assist them with the extranet</li> <li>• Questions can also be directed to Ernie Jennings through a Help Desk Ticket</li> </ul>	
<b>ADA Disease Management Update</b>	<p><b>Debbie McBaine, Division of Behavioral Health</b></p> <ul style="list-style-type: none"> <li>• Debbie updated the committee on the progress of the ADA Disease Management Project</li> <li>• This will be individuals who have substance abuse disorders, along with other chronic conditions. This program has been very successful with the CPS providers.</li> <li>• They are hoping to have all of the contracts completed in October.</li> <li>• Several agencies have started enrollment.</li> </ul>	
<b>ADA Peer Service Medicaid Update</b>	<p><b>Rosie Anderson-Harper, Director of Recovery Services</b></p> <ul style="list-style-type: none"> <li>• DBH has decided to pursue opening the Medicaid State Plan Amendment for CSTAR in order to add Peer Support Services. If approved this would allow the substance use disorder treatment programs to bill Peer Support Services in the CSTAR programs. Currently, Peer Support Services are a Medicaid billable activity in the Community Psychiatric Rehabilitation programs. Certified Missouri Peer Specialists work on the treatment teams at the Community Mental Health Centers. Access to Recovery programs currently have the ability to bill for Recovery Support Services. This new proposal would expand the opportunity for substance use treatment agencies to hire individuals with lived experience in recovery to be members of the treatment team. The required credential would be a Missouri Recovery Support Specialist – Peer. The proposed service description consists of: <ul style="list-style-type: none"> <li>○ Helping individuals connect with other consumers and their communities at large in order to develop a network for information and support;</li> <li>○ Sharing lived experiences of recovery, sharing and supporting the use of recovery tools, and modeling successful recovery behaviors;</li> <li>○ Helping individuals to make independent choices and to take a proactive role in their</li> </ul> </li> </ul>	

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	<p>recovery;</p> <ul style="list-style-type: none"> <li>○ Assisting individuals with identifying strengths and personal resources to aid in their setting and achieving recovery goals;</li> <li>○ Supporting efforts to find and maintain paid employment; and</li> <li>○ Assisting individuals in setting goals and following through on wellness and health activities.</li> </ul>	
<b>Access Crisis Intervention (ACI)</b>	<p><b>Natalie Fornelli, Compliance &amp; Systems Management Coordinator</b></p> <ul style="list-style-type: none"> <li>• ACI serves individuals who are having a mental health crisis 24/7. These individuals are assessed and intervention is provided. They are given information on what services are available.</li> <li>• The expectations of ACI providers are: <ul style="list-style-type: none"> <li>○ provide immediate access to a qualified mental health professional</li> <li>○ provide a mental health screening and render a clinical disposition</li> <li>○ assist with the civil commitment process</li> <li>○ assist with appropriate crisis responses systems on college campuses (by request)</li> </ul> </li> <li>• There are some instances that are resolved over the phone and no intervention is needed.</li> <li>• Natalie provided a power point presentation on the ACI program.</li> </ul>	
<b>Executive Committee Size</b>	<ul style="list-style-type: none"> <li>• The executive committee size shall consist of: Chairman, Co-Chairman, Treatment Chairman, Prevention Chairman and 2 other members.</li> </ul>	
<b>MSAPCB ADA SAC Representative</b>	<ul style="list-style-type: none"> <li>• Lisa Doyle is the new MSAPCB ADA SAC Representative. The Credentialing Board meets 3 times in Jefferson City and has 3 conference calls.</li> </ul>	
<b>Staggered Elections</b>	<ul style="list-style-type: none"> <li>• A form was passed out with the process for the staggered elections.</li> <li>• A decision was made that the outgoing chairman should stay on the executive committee for 1 year after their leave their position.</li> </ul>	
<b>Reports</b>	<p><b>Brenda Schell, MRN Director</b></p> <ul style="list-style-type: none"> <li>• September was recovery month-MRN co-sponsored 7 events statewide. Over 1,000 individuals participated.</li> <li>• An e-mail was sent during September to bring awareness to the reality of recovery. Topics were: Family recovery, dimensions of overall wellness, service, advocacy and recovery stories.</li> <li>• A how to tell your recovery story brochure was developed and distributed in September.</li> </ul>	

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	<ul style="list-style-type: none"> <li>• The Anonymous People film will be shown at the Capitol 8 Theaters @ 7:30 p.m. Wednesday, Oct 23, cost is \$10.00</li> <li>• Oct 5 the play Pass it on will be presented. It is both inspirational and funny. It is the story of Bill W and Dr. Bob and their role in establishing Alcoholics and Anonymous</li> <li>• ACA Exchange is available. More information is available at <a href="http://www.healthcare.gov">www.healthcare.gov</a> or 800-318-2596.</li> <li>• A grant awarded by the MFH-MRSS &amp; MRSS-P will continue. There are 5 trainings statewide, Poplar Buff, Kansas City, Springfield (2), Jefferson City &amp; St. Louis. To date 140 individuals have been provided with 39 hours of education training. These individuals are seeking to be credentialed MO Recovery Support specialist through MSAPCB.</li> <li>• This year 48 individuals have received the MO recovery support specialist credential and 30 have been identified as peers with lived experience of recovery.</li> </ul> <p><b>Stacey Langendoerfer, MSAPCB Director</b></p> <ul style="list-style-type: none"> <li>• There are over 1,100 renewed credentials.</li> <li>• Elections will be held for 3 open positions. 1-Central, 1-East and 1 Prevention Representative.</li> <li>• Additional information may be found on the website: <a href="http://www.msapcb.com">www.msapcb.com</a></li> </ul> <p><b>ACT Missouri</b></p> <ul style="list-style-type: none"> <li>• There will be strong legislation to legalize marijuana in Missouri.</li> <li>• 2013 Substance Abuse Prevention Conference will be held Nov. 19-20, 2013.</li> <li>• October 26, 2013, is take back prescription drug day.</li> <li>• Information for Department of Mental Health Division of Behavioral Health funded Regional Support Centers including mini-grant information, RDF &amp; TA forms, and community coalition toolbox can be accessed at on the website <a href="http://www.actmissouri.org">www.actmissouri.org</a></li> </ul>	
<b>Adjourn</b>	Meeting was adjourned at 2:45 p.m. The next meeting will be held on Wednesday, December 4, 2013 at 10:00 a.m. at the Missouri Department of Mental Health, 1706 E. Elm Street, Jefferson City, Missouri.	